



FREE - TAKE ONE!

Volume One - Issue Eleven, January, 2011

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www.WaldoHistoricalSociety.YolaSite.com

Pull Up Christmas Tree Winner!

Thank you to all who supported our latest fundraiser and bought a ticket for the 6' pull up Christmas tree. The winning ticket was drawn by Trish Redding on Tuesday, November 30 at the Waldo Community Center just before the weekly Bingo games.

Marlene Adkins, Cafeteria Manager at Waldo Community School, was the winner. Waldo Historical Society member, Marie Ankney, announced that she had convinced Marlene to get two tickets for \$1.00 each.

Marlene picked the tree up on Thursday, December 2, with the assistance of Lucy Roe, Waldo Historical Society Board Member. Marlene called Lucy on Friday to tell her the tree was up and ready for viewing. Lucy called WHS photographer, Penny Dodd, and both visited Marlene to take the photo seen below.

Congratulations, Marlene!



Marlene Adkins - "I bought two tickets for \$1.00 each."

A New Restaurant in Waldo?

The Pea Patch

You may have noticed a new sign where the Classic Café sign once was. It's The Pea Patch, a brand-new restaurant in Waldo on US 301 - directly across from where the new Dollar General is being built. Seems like this is where all the "new" activity is taking place in Waldo - at least this month.



Mr. Wendell Ford

Mr. Wendell Ford and his wife, Mary, are the proud new owners. They are offering a new style of eating out. The main room has been stripped of the old booths and replaced with family style tables for two, four or six. The food is served buffet style - but you

don't have to get up and serve yourself - it's all brought directly to your table. Just like when you go to Grandma's house. Everything on the menu is placed on your table, including the main course, all the sides, your choice of drink, and even dessert when you're ready for it.

When you finish the potatoes, the vegetables, or the chicken or roast beef or shrimp, they will bring more to the table - because this restaurant offers "all you can eat" for one reasonable price.

Every day, there is a different meal offered - just like at Grandma's house. One day it might be fried chicken, chicken and rice, chicken and dumplings, along with roast beef, mashed potatoes and green beans. Another day you will be offered shrimp, fish, macaroni and cheese and sliced tomatoes.

Wednesdays are Italian day, and another day you'll have steak, or barbeque.

The Pea Patch is open from 7 am until 9 pm, so you can get breakfast, lunch and dinner.

Stop in to see how much this restaurant has changed since you were last there. The service couldn't be better. You will be impressed.

Now You Know!



Thelma Bay

Acts of Kindness by Thelma Bay

Special Thanks to the following people who work all year to make Waldo a better place to live. Patsy Brock, who stays on the go checking on our nursing home residents, shut-ins, young families in need and everybody in between. Erika Smith, who stays "knee-deep" in kids 365 days a year, either at the Recreation Department of as a "Santa's Helper." Mary Ann Rich, who faithfully delivers Commodities to those who cannot make the trip to the Community Center, and who helps me every year with the school supply give away. Lisa Hill, who started the first ever summer camp for kids. Rahna Phillips who shops all year to make the Santa's Workshop a success plus works full time in the store. Millie Keirnan and her daughter whose generosity to the store helps so much.



I am very proud also to call these good people my friends. Last but never least, thanks to Kim Worley, for her wonderful thank you notes. She even includes children and all the many good deeds she does behind the scenes.

Marie's Country Kitchen by Marie Ankney Cheese Ball Marie Ankney



- 8 oz. Cream Cheese
- 8 oz. Shredded Cheese (Cheddar)
- ½ tsp. Garlic Powder
- ½ cup chopped pecans (or any nut)
- Mix first 3 three ingredients.
- Form into a ball
- roll in chopped pecans
- Refrigerate when done.
- Eat with Ritz Crackers

ENJOY!

Letter From the President Millie Keirnan

The holidays have passed and we pray that all had many happy and pleasant events. 2011 is upon us and the WHS Board hopes that all members and future members will step up to the plate and join us in our fundraisers and plans by ideas from the citizens as to what you would like to see started or completed.

The Waldo Phoenix could use writers, so future and "Want To Be Writers" - here is your chance. Just submit all articles by the 21st of each month and the Editor will try to contact you before paper goes to press if by chance it is not acceptable.

The Caboose is in the working stage, all painted, and now the Committee (with some assistance) is getting items to display.

The museum: Mr. Rodney Estes is working on a possible grant and as soon as it is completed, and awarded, we plan with the City's assistance, to set up the Waldo Museum. This cannot be done without the help of the Waldo Citizens donating items and information on Waldo.

Meetings have been held every three months in the past, but starting in January, 2011, we are planning to have a meeting each month, and have speakers on historic events about Waldo. The third month will be a business meeting, with no speaker. Meetings will be held the last Thursday of each month, starting at 7 p.m., and hopefully ending by 8 p.m.

Signing off and hope to see you at our January 27 meeting.



January 2

100 Years Ago January, 1911



The National Council of the Boy Scouts of America was established at 200 Fifth Avenue in New York, with seven employees



Born: Ray R. Myers, "the world famous armless musician", in Lancaster, PA (d. 1986

January 3

Nearly 13 years after its destruction in Havana Harbor, the battleship USS *Maine* was dredged to remove the remains of the sailors on board

A Healthy and Happy New Year

By: *Timothy Leth McRae*

University of Florida College of Nursing

So a new year is about to arrive! Many Americans like to venture into the future twelve months with resolutions at hand. Of course many of these resolutions are circulated around fixing an aspect of life, which if fixed are believed to improve ones self and existence. For example, some contemporary resolutions are; "I am going to start exercising more" or "I am going to cut down on sweets." It is common that many of these resolutions focus on personal health and regiment changes. So with this impending year, I would like to offer a new mental approach to these annual resolutions.

It is hard to argue against the assumption that the most weighted and beneficial goals we set for ourselves involve the ones that focus on personal health. As a future health care provider, I myself would be negligent to not ask all citizens to focus personal resolutions on bettering ones state of health. We have only one body and since it is the vehicle for our mind and relative happiness, we should focus on preventing its ailments.

Notice I said "preventing" ailments. Prevention is defined as stopping something from happening before it arises. So I feel that it is extremely beneficial to focus on prevention, and use this mind set as the cornerstone of a successful long-term resolution or goal. Many people have used health resolutions for the sake of inhibiting current medical issues. Society often views the concrete goal of curing current problems more important than the abstractness of preventing future problems that have yet to come to fruition. Though this is somewhat true, I, on the other hand, ask you to consider putting prevention first. Let me illustrate why!

Lets take a very popular resolution, "I am going to start exercising regularly and eating right!" Now this is exactly what health care providers want to hear. It's great to have our community members enthralled in exercise and proper nutrition. With this in mind, I also know lifestyle changes are extremely difficult and I think everyone knows that many such resolutions go towards the wayside. Why? Well, perhaps we put too much rigidity, concreteness, and too much pressure with such goals. Sometimes a goal, such as our hypothetical increase in active exercising, is a means towards fulfilling even more pressure filled resolutions such as lowering my cholesterol, slowing down heart disease, and or losing that unneeded weight. These serious goals are undoubtedly necessary but they also are very concrete. Personally, when I see myself failing to reach certain tangible goals, I become very discouraged. Such discouragement often increases the probability that I, as well as

most individuals, will cease beneficial activities and possibly impede achieving necessary health benefits.

So instead, I say start exercising, eating right, decreasing stress, and embracing self health care for the purposes of prevention. Take the pressure off by not focusing on weight loss goals or aesthetic ideals. Rather say "I want to better my health because in "ten years I don't want to have a serious health issue!" Health and disease ("dis-ease" or a lack of ease) are future threats that can be prevented with little changes now. So when you make a resolution this upcoming year say to yourself I am doing this cause I appreciate myself (mind, body, and soul) and I refuse to let this mantra be affected by future unforeseen health threats.

Finally, my fellow nursing students and I have been blessed to advance our education by doing clinical practice in your great Waldo community. Whether helping the wonderful children at the Waldo Community School or doing Zumba at the community center, your beautiful citizens have embraced us with open arms! So that being said our nursing group would like to wish you all a wonderful holiday season and a blessed new year!

A Little Bird Told Me . . .

by *Lucy Roe Cook*

While flying over Cracker Hill today I heard a mighty ruckus in the chicken coop at the home of Vic and Marie Ankney. I flew on down to see what it was about. Seems that their neighbor, Vera Mauldin, is visiting her family for Christmas.



A baby was born on December 20 to her son and daughter in law, Keith and Carla Mauldin in Mt. Dora. Little Alex Jacob weighed in at 6lbs. 7 ¾ ozs. Waiting at home for him are brothers, Anthony and Christian and sister Evon.

When I was ready to take flight again I found that all the good bird seed that all of you have been leaving for me and the new winter feathers have put some pounds on me and it was most difficult to get this bird back into the air.

A new restaurant has opened in Waldo. It is a new experience in eating out. The meal is served to the table as you would at home in serving dishes to the entire table. The food is good and dessert and drink are included. *Enjoy.*

Thank you, Lord, for Mary Ann Rich is healed. She is out among us again. Welcome back Mary Ann.

To our readers and our advertisers we wish you the best of all to come in the New Year.

Waldo's Kids by Thelma Bay



There is one thing around here you can always count on. During the month of December every year, Waldo's Kids SHINE!

On Sunday night, December 5, the children's Department at Waldo First Baptist Church presented their Christmas Cantata. The music and voices were beautiful - thanks to their hard work and the leadership of Mrs. Kelly Clark.

Thursday night, December 9th, found us at Waldo Community School for the students presentation of the musical, "December In Our Town." To a standing room only crowd, the kids acted, sang, played musical instruments and left us all feeling the spirit of the season. To top off the evening, we were served cookies and hot chocolate at Santa's Workshop in the Media Center.

Thursday morning, December 16th, we were at Waldo First Baptist Church for the Annual Community Breakfast, served free to all who drop by. Actually, the breakfast helps "fortify" those of us who help when Santa arrives at the Caboose that night.

And Santa did arrive in Waldo style! Chief Szabo brought the dear fellow in the back seat of a police car to the park with plenty of lights and sirens. Speaking of "Santa," he did a great job, very kind and patient with all the children.

Sunday night, December 19th, we were treated to an unusual Christmas musical by the choir of Waldo First Baptist Church. Have you ever been to a cantata where the choir was in the audience instead of on the stage? Over a period of several months, the choir and soloists had pre-recorded their music and it was played at intervals while Pastor Jim read the Christmas story from the Bible. Beautiful and moving beyond words.

As another year comes to a close, let's pause and say a word of thanks for all that we have. In the coming year, try to help someone, smile a little more, be grateful for good friends and neighbors.



100 Years Ago January, 1911



January 3

The U.S. Postal Savings System, with 48 branches, one for each of the 46 states plus the territories of Arizona and New Mexico, formally began business.

January 6

U.S. President Taft refused to grant a pardon to H.S. Harlan, a wealthy lumber and turpentine factory manager convicted of labor violations, and signaled that he would not keep white collar criminals from serving prison time. "Fines are not effective against men of wealth," Taft wrote, adding that to relieve "men of large affairs and business standing" from incarceration "would be to break down the authority of the law with those of power and influence... What is worse, it would give real ground for the contention so often heard that it is only the poor criminals who are really punished"



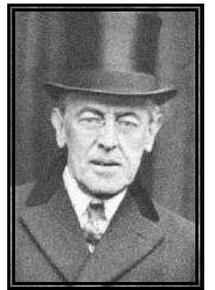
January 8

Born: Butterfly McQueen, American actress, as Thelma McQueen, in Tampa (d.1995); and Gypsy Rose Lee, American striptease entertainer, as Rose Louise Hovick in Seattle (d. 1970)



January 17

Woodrow Wilson was inaugurated as the 34th Governor of New Jersey. Slightly more than two years later, Wilson, who had never held a political post before becoming Governor, would become the 28th President of the United States



January 28

The **Diamond Match Company** agreed to surrender its patent rights for a substitute for the poisonous white phosphorus, clearing the way for all matches to be safely manufactured



January 31

By a vote of 188 to 159 in the U.S. House of Representatives, San Francisco was chosen over New Orleans to host the 1915 World's Fair, officially the Panama-Pacific International Exposition



Waldo Community School News by William Powell, Principal

The holidays are upon us and we are bustling with many things here at Waldo Community School.

In December, our 3rd -5th graders performed a musical directed by our talented music teacher, Mrs. Cupp. The play was called *"December in Our Town"* and the auditorium was standing room only. The stage was all decorated with the help of our students and Mrs. Zidonik, our art teacher and Teacher of the Year. After the grand performance, Santa's Workshop opened for shopping along with hot cocoa and cookies. It was a magical evening.

Our school participated last month in an Instructional Review. We had district staff here observing classrooms. They had many positive comments about our school along with suggestions on ways to improve. We are currently examining their findings and will implement strategies to make Waldo Community School an even better place for kids.

Our PTO has had a food drive and a toy drive to help make the holidays brighter for some families. We also had food baskets donated by the Alachua County Public Schools Foundation.

Four grants written by teachers were funded this year from the Alachua County Public School Foundation for a total of **\$1,700**. That makes almost \$12,000 we have received from them in the past four years.

In January we will be sending home surveys for parents to let us know how they think we are doing. We will meet with our SAC (School Advisory Committee) and review the input to make improvements for next year.

Our Respect Program/Positive Behavior Support continues to do well. When visitors come to Waldo Community School we always hear good comments about student behavior. We are proud of our students.

Our rocking chairs on the front porch are always available if you'd like to come rock and read with a student.

Enjoy the holidays. Merry Christmas to everyone.

Staying Healthy During the Holidays

By: Michaela Lord

University of Florida College of Nursing

Staying healthy during the holiday season is a challenge. With the abundance of cookies, cakes, pastries, and candies available this time of year, it is easy to pack on a few extra pounds. So how do you celebrate without overdoing it? Just follow these 5 simple tips to keep you eating right with every bite!

SUBSTITUTE high fat, high cholesterol, and high calorie foods with fat-free, or reduced fat options. In baked goods, simply replace butter and oil with applesauce; instead of using one egg, use two egg-whites; and rather than adding sour cream to your cakes, try using non-fat yogurt. You will be surprised at how similar the foods taste yet how much healthier you will feel!

FOCUS ON FAMILY & FRIENDS instead of food. Try to spend time away from the dinner table and closer to those who mean most to you. Family gatherings focused around the dinner table promote over-eating. Instead, play games, go for a walk, and watch a holiday movie, anything that steers clear of cookies and cakes!

SELECT, DON'T STUFF. Holidays are the time of year when you can eat food that normally is not available year round. So select these foods over those that you can eat another time. For example, you can buy ice-cream at any time throughout the year, but how often will you have the chance to drink eggnog other than the holiday season? Indulge in the eggnog, and save the ice-cream for a later date.

FILL UP ON FIBER not fat. Fruits and vegetables are excellent sources of fiber, and are great snacks to fill up on during the hustle and bustle of the holiday season. Foods high in fiber help you feel fuller longer while also carrying nutrients that are essential for a healthy diet! Raw veggies like carrots, broccoli, and peppers can be easy snacks options, or great appetizers at a holiday party. Fruits such as apples, bananas, and berries are high in fiber and are healthier sweet options than candy and sugar cookies.

DON'T FORGET that it is okay to enjoy yourself during the holidays. Completely restricting yourself from all sweets may not be realistic and could result in a binge later. Indulging in a few cookies and a piece of fudge on occasion will not make you unhealthy. Having a few cookies every day may be a different story. Weight gain happens over-time; therefore, it is the food choices that you make in your day-to-day life that determine your health. By incorporating these simple but helpful tips not only during the holiday season but all year round can help improve your health while still allowing you to enjoy the foods you love!

Information Please!

Waldo Phone Numbers You Might Need

City Hall	468-1001
(After Hours Water Emergency)	258-3110
Fire Emergencies	Call 911
Police Department	468-1515
(Police Emergencies)	955-1818
Waldo Library	468-3298
Waldo Community Center	468-2336
Waldo Post Office	468-1970
Waldo Community School	468-1451

January Birthdays

1 Marie Ankney	16 Malcolm Worley
1 Jeremy Scott	17 Annie M. Mitchell
2 Morgan Thurston	18 Enoch Hopkins
7 Rebekah Burnsed	20 Evon Mauldin
7 Javanis Ross	23 Sandy Sellinger
8 Shatisha Wilson	25 Kristen Hill Brannon
11 Donna Durden	26 Susan Juszak
13 Javier Gutierrez	28 John Henry Taylor
14 Warren Cawley, Jr.	
16 Bobby P. Hill	



Don't Forget!



Our Publishing **deadline** is the 21st of the month preceding the monthly issue. We endeavor to have the current issue available at our drop-off points and on the website by the 1st of each month.

All submissions **must** be received by the 21st to be included in the next issue.

Next Waldo Historical Society Meeting
January 27 - 7:00 pm
Waldo Community Center
Refreshments as always - Please Come!

The Clothes Closet **at Waldo First Baptist Church**

Open Wednesday and Saturday
From 9 am till 12 noon
Call 468-1721 for information

Philadelphia Missionary Baptist Church Services



Rev. James W. Ramsey - Pastor

2nd and 4th Sundays 11:00 am

Mid-week service every Wednesday 6:00 pm

taught by Minister Bernard Carter

Awesome Sunday School every Sunday 9:45

am taught by Bro. Bobby Hill or Minister

Bernard Carter for adults

and Sis. Josie "Jackson"

& Sis. Monique Taylor for the children.

Men's Day service will be held

on the 4th Sunday in July at 11:00 am

Always remember that

Man is Mighty but God is Almighty.

First Baptist Church, Waldo

Hwy 24

352-468-1721

Sunday Schedule

9:15 - 9:45 Refreshments

9:45 Bible Study (all ages)

11:00 am & 6 pm Worship

11:00 am & 6 pm Children's

Worship

6 pm

Youth Praise and Worship

Wednesday Schedule

5:45 - 6:15 pm

Dinner

6:30 pm

Children's, Youth, Adult

Programs



January Commodities
Thursday, January 27, 2010
Time: 1 pm - 2 pm
Waldo Community Center

Subscriptions now available

Subscribing to the Waldo Phoenix is as simple as dropping us a note with your name and mailing address and payment of \$12.00 which will cover a full year's subscription. Send your payment to:

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**The Brass Bed
by Marie Ankney**

I moved to Florida in 1985. One of the first people I met was a wonderful lady named Louise Monroe. We used to talk for hours.



One day she showed me an old brass bed. It was big and old and it had four big brass balls on the head and foot boards.

I noticed one of the balls was dented. I asked what happened. She told me it was the bed her Dad got her Mom when they first got married. She and her twin sister Helen were born in the bed and she said the dent came about when their house caught fire.

Her Dad threw the bed out of the second story window. When it hit the ground it got dented.

I miss this lady more than words can say.

Waldo Book of Records



We are in the process of creating a "Book of Records" for Waldo. Similar to the Guinness Book of Records, our book will contain the biggest, oldest, smallest, best and worst of everything in Waldo.

Do you have something we could include in our book? A huge tree in your yard? We'd love to hear from you. What do you have? If we include your suggestion in the first edition, we'll give you a free copy. Thanks for helping.

Your Editor

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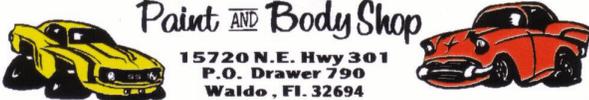
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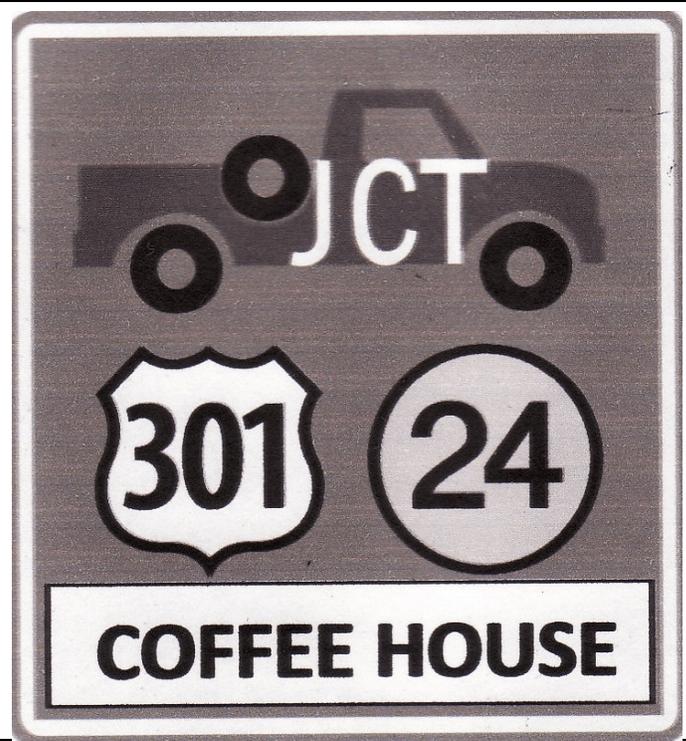
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